You'll need

WHIPPING

CRFAM

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- Small, clean glass jar with tight-fitting lid
 - Two clean marbles
 - Drinking glass
 - Table knife
 - Crackers
 - Plate
- Heavy cream (also called whipping cream)





It takes only a few minutes to make butter from cream.



 Gently shake jar and swirl around marbles in the cream

Keep shaking until you can't hear the marbles moving



cream and screw lid on tightly

Do this

Chill cream, jar and marbles in refrigerator for four hours



4 Carefully remove lid and pour off the liquid into the glass

> Scrape the soft solid in jar onto the plate; remove marbles

5 Spread some of soft material on a cracker Does it taste like butter?

What happened?

Cream is a mixture of water, fat droplets and some dissolved solids When you shook the jar, the marbles hit the fat droplets over and over and forced them to separate from the watery part of the cream

The fat droplets stuck together to make a lump of butter

The water and dissolved solids became "whey" – the thin, milky liquid you poured into the glass

Graphic: Helen Lee McComas and Paul Trap, Tribune News service